## **CARE & INSTRUCTIONS**

# Warning!

### Please Read Before Initial Use!

Prolonged heat exposure to one specific area may ignite the product. Please follow the instructions below to ensure safety and longevity of your wrap. Check items at least once during heating cycle.

#### **Microwave Heating**

Ensure even heat distribution by refolding your wrap during the heating cycle once or twice, depending on the size of your wrap. If your microwave table does not rotate, please check your wrap every 20 seconds. While heating be sure that the WrapTie™ covers are tucked fully inside.

#### **Steam Heating**

Boil water in a double or steamer. Remove from heat source then place folded wrap into boiler or steamer top. Cover and follow recommended heating times. (Do not wet wrap or immerse in water).

### **Product Care (Accessories)**

- Launder removable covers and Wrap-Tie<sup>™</sup> covers only!
- Wash accessories in cold water with like colors. No chlorine bleach!
- For Flannels and Silk and Hemp Blends wash by hand or gentle action. Dry on cool setting or line dry.

#### **USE CAUTION! EXTRA HOT**

- Moisture in steam raises temperature.
- Cover warmed wrap in a towel if necessary.

#### **HEATING**

- Continuous and prolonged heat exposure will burn and damage the wrap.
- Knead wrap to rearrange seeds and release hot spots before reheating.
- Please read microwave heating section.

#### **COOLING**

- To avoid scent contamination place wrap in freezer bag.
- Allow 30 minutes to 1hr + to cool, depending on wrap size
- To avoid scent contamination place wrap in freezer bag.



# RECOMMENDED HEATING TIMES FOR MICROWAVE

CozyNeck™	1 to 3 min.
CozyNeck™ Large	2 to 5 min.
CozySleeves™	1 to 3 min.
CritterCozy™	1 to 2 min.
TempleSights™	30 sec.
WarmestBlanket™	2 to 4 min.
WarmHeart™	1 to 3 min.
WarmKnees™	1 to 2 min.



# RECOMMENDED HEATING TIMES FOR STEAM HEATING

CozyNeck™	4 to 10 min.			
CozyNeck™ Large	4 to 12 min.			
CozySleeve™	4 to 8 min.			
CritterCozy™	4 to 10 min.			
Templesight™	1 to 2 min.			
WarmestBlanket™	4 to 12 min.			
WarmHeart™	4 to 8 min.			